



AIDS/LifeCycle
Hope Attenhofer Rider #4293
5/31/09 – 6/6/09
545 Miles SF to LA

Dear fellow colleagues,

This coming Spring I am riding in the AIDS/LifeCycle ride from San Francisco to Los Angeles. This is a 7-day, 545 mile ride to increase awareness and provide additional resources for those living with HIV/AIDS in the United States.

I ask for your support.

I need to raise \$5,000 in order to participate and am asking all friends and family to donate to this worthy cause.

Here are some current facts about HIV/AIDS:

- At of 2006, there were **1.1 million people living with the HIV** infection in the US.
- Every year there is an estimated **55,400 new HIV-infections per year**.
- An estimated **21% (232,000) people are living with HIV and don't know it**.
- While almost half of all HIV cases in the U.S. are attributable to men who have sex with men, 27.6% account for heterosexual contact and of these, 72.4% are women.
- Injecting drug use now only accounts for 18.5% of HIV-infections – an 80% decrease since the mid-to-late 90's.

How do I donate? It's simple. You can either write a check and mail it to me or go online to <http://www.aidslifecycle.org/> and click on "donate today" and then enter my name.

If you write a check, please be sure to enter Rider #4293 in the memo so I get the credit. Also, remember to look for your cancelled check (either in your statement or online) you're your 2008 taxes. And lastly, please do think about the idea that you can donate today for this years' tax write-off and then again in 2009 – all before I ride!

Thank you for your support.

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