

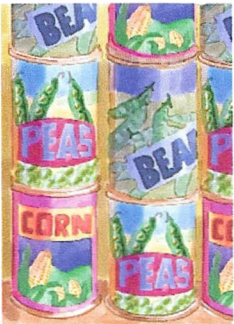


JUST
AS YOU
ARE.

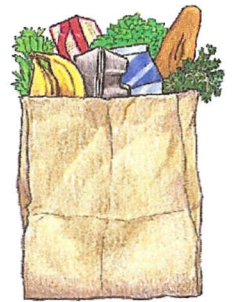
PFLAG FOOD DRIVE FOR FOOD LINK

First collection date will be Friday, October 16, 2009 at 7:00 pm

During our first "Service of Remembrance" at the Tulare County Court House (north side)
(Other dates will be announced as they are scheduled)



Most needed foods:
Canned Fruits - Canned Vegetables - Powdered Milk
Instant Potatoes - Canned Tuna - Rice
Peanut Butter - Beef Stew - Beans
Cereal Meats - Macaroni and Cheese



Food or Money?

WHAT IS NEEDED MOST?

FoodLink needs both to keep feeding families
The food donated by individuals is in desperate demand AND money donated
will allow us to purchase items such as poultry, transport
and distribute food for families.

For every \$1 donated FoodLink can provide more than \$4 of food.

(If you want to donate and cannot make it to a collection event, you may call
PFLAG to arrange a drop off or pick up plan.)

PFLAG of Tulare & Kings Counties

4125 W. Noble Ave, #164, Visalia, CA 93277

Voicemail: (559) 579-1101

www.pflag-tulare-kings.org

Contact: W. "Van" VanLandingham at William.VanLandingham@PFLAG-Tulare-Kings.org